

1st Annual Emerald Dash 5K Run / Walk Entry Form

Circle Sex: Female Male
 Circle One: Runner Walker
 Age on August 13, 2011 _____
 T-Shirt Size: S M L XL XXL
 Name (Print) _____

Address _____

Phone _____

Waiver: (mandatory): I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to, falls; contact with other participants; the effects of weather; including high heat and/or humidity; traffic; and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and any entitled to act on my behalf, waive and release the Women's Council of Realtors, the Emerald Coast Chapter of Women's Council of Realtors, the City of Destin and all race sponsors, volunteers, employees, officers, their representatives and successors from all claims or liabilities of any kind arising out of my participating in the 2011 Emerald Dash 5K Run/Walk.

Signature _____

Parent/Guardian Signature if under 18 years of age _____

Email Address (To be used ONLY for participants who would like next years flyer emailed to them).

Make Checks Payable to:

WCR

Mail To:
 Emerald Coast Chapter of Women's Council of Realtors

C/O Lori Ogles, Reli Title, LLC
 124 E. County Hwy 30A, Suite A
 Grayton Beach, FL 32459

Thanks for the support from the following:



1st Annual Emerald Dash 5K Run/Walk 2011

**Emerald Coast Chapter of the
 Women's Council of Realtors, Inc.**

**With a portion of proceeds to benefit
 Shelter House, Inc.**



**Saturday, August 13,
 2011 at 7:30 AM
 Clement Taylor Park
 131 Calhoun Avenue,
 Destin, FL**

Entertainment Compliments of Jason Clark

1st Annual Emerald Dash 5K Run/Walk 2011

DATE & TIME:

SATURDAY, August 13, 2011, 7:30 AM

LOCATION: CLEMENT TAYLOR PARK

131 Calhoun Avenue, Destin, FL 32541

From the East - Turn right onto Calhoun at the foot of the Destin Bridge

ENTRY FEE:

\$20 until June 30, 2011

\$25 July 1-July 31, 2011

\$30 after August 1 to August 13—Race day

MAKE CHECKS PAYABLE TO:

WCR

Early packet pickup will be Friday, August 12, from 9:00 AM to 5:00 PM at Rels Title, 4477 Legendary Drive, Suite 101, Destin, FL 32541 (located at the Regatta Commons)

T-shirts will be given to each registered participant in the 5K Run/Walk

INFORMATION: For more information, contact

Paige Floyd at 850.585.0490

COURSE: The 5K Run/Walk course will begin and end at the Clement Taylor Park in Destin. This is a flat course and great for first time runners or walkers.

AWARDS: Approximately 9:00

Overall Run: Female, Male / Female Masters, Male Masters

Overall Walker: Female, Male / Female Masters, Male Masters

Runners, Walkers: First Second and Third Female and Male in each age division: 0-9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

WHEELCHAIRS: Overall winner

T-SHIRTS & DOORPRIZES: T-shirts will be given to each participant in the 5K. Register early to improve chances of getting the correct size.

REFRESHMENTS: Post-race refreshments will be provided to all participants.

AWARDS CEREMONY: The awards ceremony will be held at the Clement Taylor Park following the race.

REGISTER ONLINE AT

WWW.ACTIVE.COM

UNDER EMERALD DASH 5K

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